

Sled Hockey players wear most of the same gear that traditional hockey players wear. One significant difference are the boots worn by sled hockey players. Protective boots (often skates with the risers taken off) prevent injury to the feet from pucks and sticks.

The rules for sled hockey are similar to those of traditional hockey and are modified only when necessary. Offside, icing, hooking, roughing, and all other rules apply. Examples of modified rules for sled hockey include penalties for t-boning an opponent and lifting the nose of the sled into an opponent.

For those wishing to see sled hockey in action, simply search for sled hockey on YouTube, sit back and prepare to enjoy yourself. You'll see what we already know – THIS IS HOCKEY!

How is it played?

Sled (Sledge) Hockey was invented in Sweden at a rehabilitation center in the early 1980's by a group of Swedes with physical disabilities. Despite their disabilities, they wanted to continue playing ice hockey.

Players sit in specially designed seats attached to a lightweight frame with hockey skate blades underneath. Each player carries two sticks; both have a metal pick on one end for propelling and a hockey blade on the other end for handling the puck. Sled hockey is rapidly growing in the U.S. Players are often hooked once they touch the ice for the first time. Sled Hockey is one of four disciplines that fall under the governance of USA Hockey's Disabled Hockey Section.

For more info
or to sponsor our team:

Contact Jeff at
(907) 344-7270
Or by email at
jeff@challengealaska.org



Team Sponsorship

Paralympic Sport Club Alaska
A Program of Challenge Alaska



2018 Avalanche Sled Hockey Team Sponsorship

Levels of Support

Support the Alaska Avalanche Sled Hockey Team for people with physical disabilities. The team is a program of Challenge Alaska's Paralympic Sport Club, a non-profit that serves people with disabilities across south central Alaska.

The Avalanche's Team Goals are:

- To promote the sport of hockey for people with disabilities.
- To encourage a healthy, active lifestyle through competitive sport.
- To grow the sport of sled hockey across the state of Alaska.
- To travel and compete in a USA Hockey sanctioned sled hockey tournament in Chicago in April.

MVP: \$25,000 – Receive two round-trip tickets to travel with the team to the National Tournament, access to the team during the tournament, MVP gear basket (customized to suit your needs to outfit you for tournament), private skating session with team, access to team members at your event, logo on sponsor banner, weekly mention on social media.

BLUE LINE: \$10,000 – Receive Blue Line team gear basket (customized to suit your needs), private skating session with team, access to team members at your event, logo on sponsor banner, weekly mention on social media.

ALL STAR: \$5,000 – Receive extra-large team gear basket (team jersey, team hoodies, team hats, team coffee mugs, large sponsor plaque), access to team members at your event, logo on sponsor banner, weekly mention on social media.

CAPTAIN gift: \$2,500 – Receive large team gear basket (team jersey, team hoodie, team coffee mug, large sponsor plaque), team stickers, logo on website, multiple mentions on social media during hockey season, logo on sponsor banner.

POWERPLAY gift: \$1,000 – Receive medium team gear basket (team hoodie, team coffee mug, large sponsor plaque), team stickers and logo on website, mention on social media, recognition on sponsor banner.

BREAKAWAY gift: \$500 - Receive small team gear basket (team coffee mug, medium sponsor plaque), team stickers and logo on website.

PLAYMAKER gift: \$250 - Receive small team sponsor plaque, team stickers and name on website.